

## Abstract

This research explored the relationships between early parental attachment, adult attachment patterns, and the quality of romantic relationships using Brennan & Shaver's (1995) Seven 10-Item Attachment Scales and Hendrick & Hendrick's (1986) Love Attitudes Scales. One hundred and fifty-six undergraduates were invited to complete a questionnaire. Results showed that the linkage between early parental attachment and adult attachment patterns was weak, but adult attachment patterns had a significant impact on the quality of love relationships. A factor analysis of adult attachment scales and lovestyles scores yielded three factors, suggested a new explanation of love on the basis of attachment theory.